

The Yellow nail Blues

Does this sound familiar? At this time of year when you dust off the favourite sandals or treat yourself to a lovely new pair and then guess what, you look down at your feet to see the frightening sight of the dreaded yellow toe nail.

What an embarrassment that can be. Do you want to hide them away and regret spending hard earned cash? All the visions of walking bare foot on the beach at sunset just fill you with dread. Sounds familiar? Well don't get too upset, did you know that millions of folks have the same problem, and it can be cured!

If you are at all worried about your feet, not only from the point of view of nails but in general too, it would be good practice to book an appointment with you local Chiropodist or Foot Health Practitioner. A list of which can be found on

<http://www.chiropodyuk.com/home> which is open for public viewing and advice.

Members are a group of North East professionals who meet in the North East.

A new name coming into the foot care world is that of Foot Health Practitioner. This title may one day overtake that of Chiropodist so look out for the title.

The North East Branch of Chiropodist meet every two months, the aim is to keep our skills up to date and to meet like minded professionals. So you can be sure that if you are treated by a member of BCPA (British Chiropody and Podiatry Association) you are receiving the very best of care from an up to date practitioner. Foot Health Practitioners are very welcome in this society so if you are a F.H.P and are interested in knowing more about BCPA the please visit the web-site or contact any committee member for an informal chat. Non members are welcome to the meetings.